

About Us

We pay our respects to the Traditional Custodians of the land on which we work and pay our respects to their Elders past and present. We extend that respect to all Aboriginal and Torres Strait Islander peoples today.

Welcome to Care Aust Pty Ltd, where we strive to provide compassionate and comprehensive care to the participants. Our company was founded with the belief that every individual, regardless of age or ability, deserves to live independently with dignity and respect. Thus, we adopted the concept of "Live Life Your Way".

We understand that ageing and disability can present unique challenges and that finding the right support can be daunting. That's why we're here to help. Our team consists of highly trained professionals who are dedicated to meeting the needs of our clients with empathy and understanding.

Care Aust is offering a range of services designed to support individuals and their families throughout every stage of the ageing or disability journey. From in-home care and respite services to all the core support services, we're committed to providing the highest quality care possible.

We are proud to work with the First Nations people and tailor our services as per their needs to provide culturally appropriate and sensitive services. We are dedicated to providing high-quality disability and aged care services to the Aboriginal and Torres Strait Islander people and the community. Our goal is to empower and support individuals with disabilities and their families to lead fulfilling lives and achieve their full potential. We believe that respecting and honouring the cultural traditions and values of our clients is essential to delivering effective care and support.

We respect that every client has got unique requirements and we try our best to match appropriate support workers for the required services to clients such that they are easily and well connected throughout the service period.

We're more than just a care provider. We're a community of individuals who are passionate about making a positive impact on the lives of those we serve. We're honoured to be a trusted partner in the journey towards health, happiness, and independence.

Contact Us



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Care Aust

Disability &
Aged Care Services

Live Life Your Way



Areas We Cover

- Canterbury-Bankstown
- Western Sydney
- Eastern Suburbs
- Southwest Sydney
- Inner West Sydney
- Central Coast
 - Tuggerah
 - Ourimbah
 - Gosford
 - The Entrance
 - Newcastle
 - Cessnock
- Port Macquarie
- Kempsey

Services We Provide

- Home & Community Care
 1. Social & Community Access
 2. Personal Care
 3. Shopping
 4. Meal Preparation & Meal Delivery
 5. Domestic Assistance
 6. Transport & Travel
- Supported Independent Living
- Support Coordination

About the Painting

The painting showcased in the brochure is a work of Daisy Napangardi Frank who is an Aboriginal Artist of Warlukurlangu Artists of Yuendumu. Care Aust Pty Ltd acknowledges her painting and would also like to take pride in owning the physical copy of the painting.

The story behind this painting, where the painting depicts Nakamarra and Napurrurla women hunting for bush foods. The 'kirda' (owners) for this story are Nakamarra/Napurrurla women and Jakamarra/Jupurrurla men. Yumurrpa and Wapurtali are two major Dreaming sites owned by the Nakamarra/Jakamarra and Napurrurla/Jupurrurla subsections; these sites are also associated with bush food Dreamings. Yumurrpa is a major waterhole to the northwest of Yuendumu and a 'yarla' (bush potato (*pomea costata*)) Dreaming site. The area north of Wapurtali/Yintaramurru (Mt. Singleton) is a 'wanakiji' (bush tomato [*Solanum chippendalei*]) Dreaming site.

Warloiri women hunt for a number of different bush foods at different times of the year. These include 'ngarkirdi' (witchetty grubs [*Endoxyla leucomochla* larvae]), 'yunkaranyi' (honey ants [*Camponotus inflatus*]), 'jinti parnta' and 'purlantarrri' (desert truffle (*Elderia arenivaga*)), 'yuparli' (bush bananas (*Marsdenia australis*)) 'janmarda' (bush onions (*Cyperus bulbosus*)), 'pirlala' (bush beans [*Acacia coriacea* seeds]), 'ngarlajiyi' (bush carrots [*Vigna lanceolata*]), 'wayipi' (small bush carrots [*Boerhavia diffusa*]), and 'yakajirri' (bush raisins (*Solanum centrale*)).

Women traditionally dug for these foods using wooden 'karlangu' (digging sticks). The end of the digging sticks were charred and ground on a stone surface to create a bevelled edge. Today many Warlpiri women use crowbars (also called 'karlangu') to dig for bush foods. Collected bush foods are traditionally carried in 'parraja' (coolamons), which can be carried with a strap made from the 'ngalyipi' (snake vine (*Tinospora smilacina*)).